



Health & Safety Memo

To: All NCC members

Date of issue: 11th October 2006

Number: 06 02

Subject: Club Policy Regarding Buoyancy Aids

The purpose of this memo is to clarify the Norwich Canoe Club policy with regards to the wearing of Buoyancy Aids:

- All juniors (under 18) must wear a buoyancy aid and whistle at all times whilst on the water, unless dispensation is given to junior paddlers ranked above Division 7 by the head coach.
- It is advisable that all adult paddlers ranked Division 7 & below wear buoyancy aid and whistle whilst on the water.

All of the club buoyancy aids are equipped with a whistle. The whistle may not be visible on some of the new types but can be found in the inside pocket.

Please remember the whistle is a distress call to alert somebody to you if you are in trouble, so they should not be blown unless practising this or in a real situation. Furthermore if you are purchasing your own buoyancy aid you should purchase and wear a whistle also.

If any body has any questions regarding this safety memo or health and safety at the Canoe club please do not hesitate to contact me.

Dean Grady
Health and Safety Officer
Norwich Canoe Club

Disclaimer:

Norwich Canoe Club, collectively or individual members accept no responsibility for lost property or accidental injury to any persons whilst on club property or premises, or whilst attending or representing the club at any event.